



# Central Community School

## December is Here?!?

I'm usually a fairly attentive person but this one really snuck up on me! It really seems like just yesterday that we were kicking off September with a sea of new names and faces. Teachers and students have been working extremely hard for the past three months and the December report cards will help document the learning that takes place at Central every day. It has been exciting to see the growth in students, both academically and emo-

tionally. I now see and hear students putting their learning into action. As students continue to demonstrate their understanding of Steven Covey's "7 Habits" there is an increased level of awareness of the feelings of others. Tolerance and respect is practiced and modeled on a daily basis at Central. Please take the time to read through your child's report card later this month and celebrate with them the progress they

have made over the first term. We have an exciting December with assemblies planned to celebrate Central's multi-talented students and it will be Winter Break before we know it. You know what they say, "Time really does fly when you're having fun!"



*Central, home of the Chinooks*

## Central's Got Talent!!!

This year Central students will have an opportunity to showcase their talent at one of three talent shows. Performances can include singing, dancing,

playing a musical instrument, martial arts demonstrations, poetry reading, etc. We are expecting that students will be adept in their performance before

coming to the audition. Please come to the audition with whatever music or equipment is necessary. The first show will be on December 5<sup>th</sup> at 2:00 in the gym.

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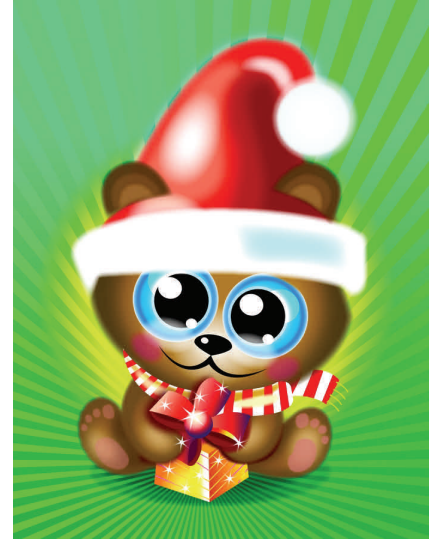
[www.erasebullying.ca](http://www.erasebullying.ca)



## Christmas Store December 7th

Do you have any new or lightly used items at home that you no longer need? You can donate them to Central's Christmas Store. Lightly used items will be collected by our hard working PAC members and displayed at our Christmas Store on Friday, Dec. 7th in room #135. On that day students can bring money to school and purchase

inexpensive gifts for all members of their family. We also are fortunate to have some of Riverside's hard working leadership students donating their time to wrap the gifts for Central students. This is a wonderful tradition that we look forward to every year at Central.



## Remembering Amanda Todd

It is the wish of the Todd family to have a park bench placed in Settler's Park adjacent to Hazel Trembath Elementary. The bench costs \$1200. Once that sum of money has been raised any additional funds will be donated to the already established initiative of the Amanda Todd Legacy Fund. Donations will be collected until Friday December 7<sup>th</sup>, 2012. The

Amanda Todd Legacy Fund information states, ***"The dream of helping kids is being carried on in the Amanda Todd Legacy, established by her family. This initiative will raise money for anti-bullying education and for support programs to help young people with mental health problems and educational initiatives."***

**Donations will be collected**

**at the Kilmer Elementary office** (please make cheques payable to **Kilmer Elementary** with **Amanda Todd Fund** in the memo line). This information will also be circulated to other schools on the south side of Port Coquitlam as the Todd family has connections to many of the schools through Amanda's activities and friends, and Ms. Todd's teaching position.

## Winter Weather

Please make sure that your child has appropriate clothing for our fall and winter weather. The Ministry of Education is putting greater emphasis on daily physical activity and outdoor play is an important component. Unless it is really pouring, the children will go outside at recess and at

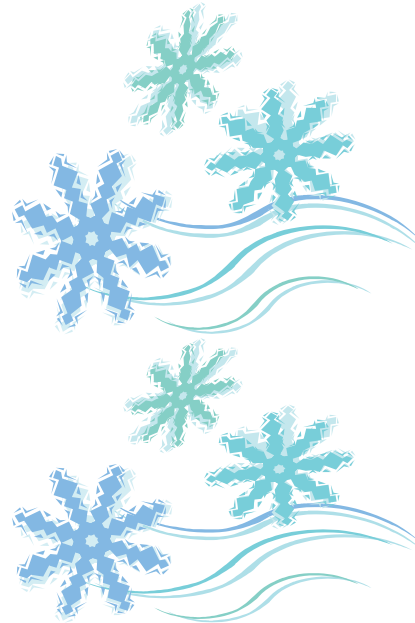
lunch so that they can get some fresh air and be physically active. Rainproof jackets with hoods or umbrellas are essential! As we progress into winter please ensure your child is dressed more warmly as the temperature begins to drop.



## School Closures

In the case of extreme weather conditions such as ice, wind and/or excessive snowfall, the Superintendent of Schools has authority on behalf of the Board, to temporarily close a school. As a general expectation, parents should assume that schools are open. If parents believe the local conditions are unsafe, they should keep their child

at home or arrange his/her early dismissal. If schools are to be closed before morning classes begin, an announcement will be made on local radio stations CKNW (980), CKWX (1130) and CBC (690) by 7:30 am if possible, and it will be posted on the district website (be sure to hit refresh to get the latest notices).



## Community Band

### Pitt River Community Concert Band

**Welcomes new members!**

If you are looking for a place to play in a fun and supportive environment, we are it! We welcome players of all levels.

Our band meets Wednesdays,  
7:30 - 9:00 pm at  
Pitt River Middle School

2070 Tyner St., Port Coquitlam

**Come and join us!**

For more information, contact Dianne at [dsmax-well929@gmail.com](mailto:dsmax-well929@gmail.com)

or phone 604-785-9672.



## Lunch Lady

Lunch Lady dates are as follows. If you are interested in ordering lunches you can get the order forms at the office:

December 6th

January 17th & 31st

February 14th & 28th

March 14th

April 11th & 25th

May 9th & 23rd

Lions Park Picnic, June 14th



## Winter Report Cards

Students will be receiving their first term report cards on Monday, December 17th. This is an opportunity to talk to your child about what they have learned, where they have improved and what goals they might set for the second term. Primary report cards are full of anecdotal comments about student progress. Intermedi-

ate reports are a combination of letter grades and comments. If there is anything that you are unclear about within the reports, feel free to contact your teacher for more information. Consistent and open communication between home and school is essential for increased student achievement. I'm sure you

are as proud of your child's effort and achievement as we are.



## Generous Gifts For the Season

Every day in December I will be randomly drawing 3 student names to win a gift bag containing a pair of mittens, a toque and a special treat. Fifty gift bags were generously donated to our school by the Coquitlam Alliance

church. We thank them for their kindness and generosity at this time of the year. Please make an effort to dress your children warmly so they can enjoy their recess and lunch getting exercise outside throughout the colder winter months.



## E-newsletters

This year at Central we will be publishing an electronic version of our school newsletter. We will email the newsletter and also post it on our Central Community School website. Please bookmark our website for easy access to Central

info and updates. If you would send your email address to: "anthomas@sd43.bc.ca" our wonderful secretary, Mrs. Thomas will create a mail out list to ensure you never miss an edition. If we do not receive your email address we will provide your child with a

paper copy to take home.

"E" newsletters will help us reduce our paper and photocopying budget and will also help reduce waste in our environment.



**Central  
Community School**

SCHOOL DISTRICT 43 (COQUITLAM)

Central Community School  
2260 Central Avenue  
Port Coquitlam, BC, V3C-1V8

Phone: 604-941-0355  
Fax: 604-941-6421  
E-mail: central@sd43.bc.ca

*Thinking, Learning, Caring*

[http://www.sd43.bc.ca/  
ELEMENTARY/CENTRAL/Pages/  
default.aspx](http://www.sd43.bc.ca/ELEMENTARY/CENTRAL/Pages/default.aspx)

**Working together at  
Central Community School,  
our mission is to foster  
life long thinking,  
learning,  
and caring.**

**We promote responsibility  
*in a safe and nurturing environment.***

**Next PAC Meeting: 7:00 Monday, December 17th in the library**

**Central  
Community  
School  
Parent  
Advisory  
Council  
Meeting**

**All parents,  
guardians,  
teachers and  
staff are  
welcome and en-  
couraged to  
attend.**

**Refreshments  
and goodies will  
be served.**



**PLEASE NOTE TIME CHANGE  
FOR THIS MEETING ONLY\***

**Central Community School**  
**Parent Advisory Council Meeting**

**Date:** Monday, December 17, 2012

**Time:** 7 PM

**Location:** Library (2<sup>nd</sup> floor – past reading row)

**All parents, guardians, teachers and staff are welcome and encouraged to attend. Refreshments and goodies will be served as well.**

**7 PM – The meeting commences.**

1. Chair's welcome and approval of the October and November 2012 Minutes.
2. Principal's Report
3. Treasurer's Update
4. Fundraiser's Update
5. DPAC Update
6. Parent Ed/Southside Update
7. Old/New Business

**Next Meeting – Monday, January 21, 2013**

# **CENTRAL COMMUNITY SCHOOL**

## **Calendar 2012-2013**

**Wed. December 5..... Talent Show (2:00)**

**Fri. December 7.....Christmas Store**

**Fri. December 14..... Recognition Assembly (2:00)**

**Mon. December 17 ... Report Cards sent home**

**Wed. December 19... Christmas Performances (1:00 and 6:30)**

**Fri. December 21... Early Dismissal (1:45)**

**Mon. December 24 - January 4 .....Winter Vacation**

**Mon. January 7..... School Reopens**

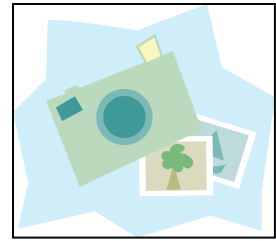
**Tues. January 15..... Recognition Assembly (2:00)**

**Thu. January 17 ..... Ready, Set Learn (9:00—11:30)**

**Fri. January 25 ..... School Based Pro-D (no school)**



**2012-2013**  
**Central Yearbook**



*We are proud to be one of the few elementary schools sponsoring a school yearbook. Yearbooks highlight through pictures and text, classes and activities. Each student will have their school photo included on their class page. They make a wonderful keepsake at the cost of \$20 each. We will be selling them at the start of year and again before Christmas until they are sold out. The yearbooks will be distributed at the end of the school year in June.*

*If you would like to see a sample of last year's book, please stop by the office. **As well, due to an extra shipment of books, we have a few copies of last year's yearbook available for purchase for the discounted price of \$10. Please see Ms. Thomas in the office for details.***

**Please note** that in the planner, in accordance with the Freedom of Information and Protection of Privacy Act, the School District requires consent to use personal information for purposes unrelated to educational programs. Most families have signed off this permission to have their child's photos/videos/name in publications and to be photographed by the media. **HOWEVER**, yearbook photos do not require the same permission as the books sold are for personal use only. As well, when you are at school based events when you are videoing or taking pictures of your child, please note that your pictures should be for your enjoyment only and not be downloaded to You Tube, etc. as some families have asked for safety reasons that their children's photos NOT be published within the media.

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Central Yearbook  
2012-2013

Name \_\_\_\_\_

Division \_\_\_\_\_

I have enclosed \$20.00

- Cash
- Cheque (made payable to Central Community School)

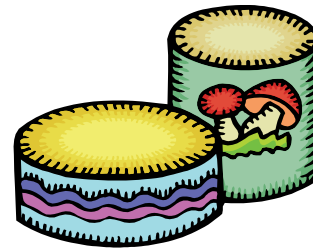


## SHARE FOR SHARE AND FOOD COLLECTION

As a school community we will be thinking about others this Christmas. There are several ways to help. You can send in non-perishable food items for the food bank. There are ideas below for suggestions. \$300.00 from the PAC will be given to SHARE to help needy families in the Tri-Cities area. We won't know how our donations will be used but we know that SHARE has a system for identifying those who could use some help and we are happy to be able to make a contribution to such a worthwhile cause. Thank you all for your generosity. Our annual Christmas Food Drive has begun. The food will be picked up by volunteers from SHARE on December 7th. Donations will continue to be accepted at the school until our evening Christmas Performance, December 19th.

Food items **MOST NEEDED** in the Food Bank to fill the Christmas Hampers:

- Canned Fruit
- Fish & Meat (canned)
- Peanut Butter
- Jam
- Cereal
- Rice
- Canned Meals
- Canned Vegetables
- Tomato Sauce
- Juice
- Pasta



During the Christmas Season, SHARE likes to add special items to the hampers that can be used for the Christmas dinner:

- Cranberry (canned)
- Hams (canned)
- Stuffing Mix
- Candy or Chocolate



# SEVEN HABITS OF HAPPY KIDS

We continue to work on exploring the meaning of the seven habits and their relevance in our lives. Here is a snapshot of the seven habits. Please ask your children to give you more information about them and please explain to them how they fit into your daily life and work.

## Habit 1: Be Proactive

I am a responsible person. I take initiative. I choose my actions, attitudes and moods. I do not blame others for my wrong actions. I do the right thing without being asked, even when no one is looking.

## Habit 2: Begin with the End in Mind

I plan ahead and set goals. I do things that have meaning and make a difference. I am an important part of my class and I contribute to my school's mission and vision and look for ways to be a good citizen.

## Habit 3: Put First Things First

I spend my time on things that are most important. This means I say no to things I know I should not do. I set priorities, make a schedule and follow my plan. I am disciplined and organized.

## Habit 4: Think Win-Win

I balance courage for getting what I want with consideration for what others want. When conflicts arise, I look for third alternatives.

## Habit 5: Seek First to Understand, Then to Be Understood

I listen to other people's ideas and feelings. I try to see things from their viewpoints. I listen to others without interrupting. I am confident in voicing my ideas. I look people in the eyes when talking.

## Habit 6: Synergize

I value other people's strengths and learn from them. I get along well with others, even people who are different than I am. I work well in groups. I seek out other people's ideas to solve problems because I know that by teaming with others we can create better solutions than any one of us alone. I am humble.

## Habit 7: Sharpen the Saw

I take care of my body by eating right, exercising and getting sleep. I spend time with family and friends. I learn in lots of ways and lots of places, not just at school. I take time to find meaningful ways to help others.



## LIMITING SCREEN TIME

Too much screen time can interfere with activities such as being physically active, reading, doing homework, playing with friends, and spending time with family. Try the following tips to reduce screen time:

**Set limits on screen time.** Your children should spend no more than 2 hours a day watching TV, surfing the internet or playing video games.

**Remove the TV or computer from your child's bedroom.** Children with TVs in their rooms spend almost 1½ hours more per day watching TV than kids without a set in their room.

**Provide other options and alternatives.** Watching TV can become a habit for your child. Provide other alternatives for them to spend their time, such as playing outside, learning a hobby or sport, or spending time with family and friends.

**Be a role model.** As a parent, set a good example for physical activity and screen time in moderation. If your kids see you following your own rules, they will be more likely to do the same.

**Make physical activity a fun family routine.** Do not rely on "active" video games to get children moving.

Canada's Physical Activity Guide suggests at least 90 minutes of physical activity per day for children and youth. Yet, research studies show that more than half of Canadian children and youth are not active enough for optimal growth and development.

For more information: [http://www.actnowbc.ca/?section\\_copy\\_id=248&section\\_id=402](http://www.actnowbc.ca/?section_copy_id=248&section_id=402)



**Face-to-face**



**Work and Learn**



**Upgrade your skills**



**Study English! Free learning opportunities!**

Join our Foundations English classes for adults which focus on basic reading, writing, speaking and listening skills. These classes also prepare students for high school credit courses.



**ONGOING REGISTRATION**

Thursdays ONLY until December 20 . . . . . 4:00 - 7:00 PM

**PLEASE BRING:** ① Proof of Canadian Status

② Photo ID ③ Two proofs of BC residency

**MONTGOMERY ADULT LEARNING CENTRE**  
 380 Montgomery Street, Coquitlam  
 British Columbia, V3K 5G2

For more information call or visit our web site  
 604.936.4261 | [www.ce43.com](http://www.ce43.com)

## Christmas Programs and Camps at Poirier Community Centre – 2012

### **Christmas Craft Making: 5 - 7 years**

Your child will enjoy Christmas themed crafts and activities.

417235 Tues Dec 11 3:30 p.m. - 5:00 p.m. \$10.00

### **Camps: Kids on the Go 5 - 6 years**

This camp is full of games and activities, sports, arts, crafts and much more. Please bring a lunch, two snacks, warm clothes and runners every day.

413485 Mon Dec 24 9:00 a.m. - 1:00 p.m. \$20.00

404128 Thur Dec 27 9:00 a.m. - 3:00 p.m. \$30.00

404129 Fri Dec 28 9:00 a.m. - 3:00 p.m. \$30.00

413486 Mon Dec 31 9:00 a.m. - 1:00 p.m. \$20.00

405568 Wed Jan 2 9:00 a.m. - 3:00 p.m. \$30.00

405569 Thur Jan 3 9:00 a.m. - 3:00 p.m. \$30.00

405570 Fri Jan 4 9:00 a.m. - 3:00 p.m. \$30.00

### **Camps: Kids on the Go 7 - 9 years**

This camp is full of games and activities, sports, arts, crafts and much more. Please bring a lunch, two snacks, warm clothes and runners every day.

413487 Mon Dec 24 9:00 a.m. - 1:00 p.m. \$20.00

404136 Thur Dec 27 9:00 a.m. - 3:00 p.m. \$30.00

404137 Fri Dec 28 9:00 a.m. - 3:00 p.m. \$30.00

413488 Mon Dec 31 9:00 a.m. - 1:00 p.m. \$20.00

405571 Wed Jan 2 9:00 a.m. - 3:00 p.m. \$30.00

405572 Thur Jan 3 9:00 a.m. - 3:00 p.m. \$30.00

405573 Fri Jan 4 9:00 a.m. - 3:00 p.m. \$30.00

### **Camps: Youth on the Go Holiday Edition 10-13 years**

What better way to spend your holiday break than at camp! This camp is for those who love the thrill of adventure, learning new things and having tons of fun! Games, crafts, and much more. Join your friends and our awesome instructors for non-stop good times.

404697 Thur Dec 27 9:00 a.m. - 3:00 p.m. \$30.00

407559 Fri Dec 28 9:00 a.m. - 3:00 p.m. \$30.00

407560 Wed Jan 2 9:00 a.m. - 3:00 p.m. \$30.00

407561 Thur Jan 3 9:00 a.m. - 3:00 p.m. \$30.00

407562 Fri Jan 4 9:00 a.m. - 3:00 p.m. \$30.00

### **Registration Information:**

Coquitlam Parks, Recreation & Culture Services offers three easy ways to register for programs:

1. Internet registration: <http://signmeup.coquitlam.ca/signmeup>
2. Staff assisted phone registration by calling our customer service: 604.927.4FUN (4386)